

U3A Inner North acknowledges the traditions and culture of the Kaurna People, the First Peoples of the Adelaide plains . We respect and acknowledge their Elders, past, present, and emerging.

City of Prospect's 2024 Active Citizenship Award recipient is Jenny Rossiter.



Eight years ago, as Jenny approached retirement from her teaching career at Prospect Primary School, Jenny envisioned creating a University of the Third Age (U3A) to address the needs of the growing baby boomer population transitioning into retirement. Jenny led a process that drew upon people's knowledge and skills, quickly attracting enough participants to establish a Prospect U3A branch at the Prospect RSL in early 2017.

The branch launched with nine activities and 53 registered members. Today, the branch has grown to over 350 members and 43 activities, and been renamed U3A Inner North . Jenny, through her vision and dedication has provided the retired community with opportunities to learn new skills, make friends, and stay active. She has created countless opportunities for volunteering, enabling people to share their talents while bringing joy and fulfillment to others.



Jenny was nominated by our members, Anneka and Jude in acknowledgement of her leadership in the formation of U3A Inner North. Jenny is recognised as being instrumental in driving the success of this valued community entity, which will continue to benefit community members for many years to come.

CONGRATULATIONS JENNY! WITH GRATITUDE FOR YOUR VISION AND HARD WORK FROM ALL U3AIN MEMBERS PAST AND PRESENT!

President's Report



2025... we are well and truly into the new year with first term of the U3A Inner North courses back in full swing. I welcome back returning members, with a special welcome to new members. As I have mentioned in previous Newsletters our membership continues to grow with the expectation that we will exceed our 2024 membership level of 350. We are currently the 5th largest U3A in South Australia. What an achievement given we started in 2018.

I look forward to a wonderful year for all members, tutors, group leaders and presenters. The 2025 program has over 100 courses and activities, offered by more than 40 tutors, group leaders and presenters. If you are considering changing or adding to your activities, then consider some of the programs that are not yet full. Importantly, remember to advise your tutor, group leader or presenter whenever you are going to be absent from a course or activity.

I would also like to offer a thank you to everyone who was able to attend our annual end of year morning tea in December 2024. It was a massive success. 130 people attended, enjoying the camaraderie, the opportunity to enjoy fantastic food. Thank you to Anneke and her catering team, and to be entertained by members of our Thespian group as well as the Ukelele group which provided music for an enthusiastic sing along! We were also able to recognise and thank our volunteer tutors and group leaders for their exceptional effort in organising and providing their course or activity during the year.

Insurance

From time to time, members ask about U3A insurance coverage. U3A Inner North is insured through AON for General and Products Liability Insurance and Volunteers Personal Accident insurance managed by U3A SA on behalf of all U3As in South Australia. "Volunteers Personal Accident Insurance covers those undertaking tasks on behalf of a U3A South Australian Member Organisation, such as travelling to and from leading or teaching a group or class or whilst in the process of leading or teaching a group or class, volunteering in the office, participating in management meeting. It does not cover a member who is injured in the normal course of participating in a class or group." The membership application form also states, "Understanding that all due care is taken for the safety of members, I agree to take part in all U3A activities at my own personal risk". I hope this provides clarity for anyone who has raised this matter.

Finally, enjoy 2025!

Wayne Turner

president@u3ainnernorth.org.au





2024 Christmas Morning Tea
Thank you :
Anneka, Lucy and their amazing catering team for a wonderful morning tea!
Denise's energetic "Ukulele Jam Group" that tempting us all into a singalong.
Fiona's Thespians, entertaining us, with a stirring rendition of "The Night Before Christmas"



U3A Inner North Diary Dates
Term 1: Monday 03 February – Friday 11 April
Term 2: Monday 28 April – Friday 4 July
Term 3: Monday 21 July – Friday 26 September

A Heartfelt Thank You
**TO ALL OF OUR
AMAZING VOLUNTEERS!**
We couldn't do it without you!

Email is our major method of communication so read all your emails thoroughly and carefully.

Members are advised to have suitable ambulance cover. In the event of collapse or sudden illness U3A policy is to call an ambulance. U3A will not cover costs involved.

Apologies are appreciated by tutors so make sure you have your tutor's details and contact them directly if you cannot attend or have queries related to your class.

Please arrive on time and leave promptly at the end of your session and help your tutor prepare and tidy up at the end of the session.

Please wear your name badge to every session.

Classes may be cancelled if the forecast temperature (as at 6pm on the preceding day) is 38°C or above, at the discretion of the tutor or group leader.

Our website <https://www.u3ainnernorth.org.au> has lots of useful information where you can register, renew and enrol as well as get updates on key events and familiarise yourself with our policies.

Janet Bradshaw

Membership Officer, U3A Inner North

E: membership@u3ainnernorth.org.au



Changes to Program

Please note, some classes have changed from the program booklet dated 1st December.

MONDAYS

Tai Chi - was 1.00pm to 2pm now 12:45pm to 1:45pm

TUESDAYS

Talks by Members - Love your Parklands was Tues 25 Feb, now Tues 11 Mar

WEDNESDAYS

Table Tennis - was 9.30am to 11.00am, now 9.30am to 11.30am

THURSDAYS

Art Appreciation - was 1pm to 3pm, now 12.45pm to 2.45pm

History on Thursdays - was 1.30 pm to 3pm, now 1pm – 2.30pm

Mosaics - was 1pm to 3pm, now 12.45pm to 2.45pm

Arm Chair Travel

3 April topic is now Lap of England Part 1

19 June topic is now A Lap of England Part 2

3 July topic is now The Story of Malta

4 September Living in China in the 80's - cancelled





CHRISTMAS CRAFT STALL
Congratulations to our industrious Tuesday Craft Group and Sue Carter's team for another successful stall. They raised over \$1000 for Foodbank Prospect's Christmas Project.



U3A INNER NORTH Contacts

Office Hours: Wednesdays from 9.30am to 10.30am during term time in the Hall. Cash only.

Location: Enfield Community Centre (ECC), 540 Regency Road, Enfield, South Australia

Post Office Box 2008, Prospect, South Australia, 5082

Follow us on Facebook: <https://www.facebook.com/U3A-Inner-North-SA>

U3A Inner North is a member of [U3A SA](#).

admin@u3ainnernorth.org.au – general enquiries

membership@u3ainnernorth.org.au – membership and enrolment enquiries



**Andrea
Michaels MP**
MEMBER FOR ENFIELD

Special thank you to Andrea Michaels Member for Enfield and staff for printing the newsletter

Thank you to all contributors to our Welcome Newsletter 2025

Cathy Birchmore - Editor

newsletter@u3ainnernorth.org.au